



Life Enrichment

PARK PLACE OF ELMHURST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:15 a.m. Liquid Strength 9:30 a.m. Rummikub 9:30 a.m. Core Builders 10:00 a.m. Annual Patriotic Celebration 2:00 p.m. American Made 3:00 p.m. Residents Social 	2 9:00 a.m. Meadowlark Golf 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Mahjong 9:30 a.m. Lifestyle Fitness/ Seated Volleyball 10:00 a.m. Seated Mobility/ Seated Volleyball 2:00 p.m. Entertainment: <i>Jack Pals Accordion Music</i> 6:30 p.m. Ping Pong 6:30 p.m. Rummikub 6:30 p.m. Entertainment: <i>Celebration Brass</i>	3 9:15 a.m. Wave Warriors 10:00 a.m. Trip to Jewel 11:00 a.m. Wii Games 1:00 p.m. Social Bridge 1:00 p.m. CALL: <i>Great American Speeches</i> 6:30 p.m. Billiards	4 Independence Day 9:30 a.m. Rummikub 1:00 p.m. Trivial Pursuit 2:00 p.m. Dominoes 
5 8:30 a.m. Christ Church 9:10 a.m. Visitation Church 2:00 p.m. Social Bridge 6:00 p.m. Sunday Movie Night	6 8:15 a.m. Serene Springs 9:30 a.m. Rummikub 9:30 a.m. Advanced Balance 10:00 a.m. Balance Boosters 1:30 p.m. Mahjong 1:30 p.m. Off the Cuff 3:00 p.m. Together in Prayer 6:30 p.m. Ping Pong	7 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Coffee in the Garden 9:30 a.m. Forever Fit 10:00 a.m. Scrabble 10:00 a.m. Sit and Be Strong 10:45 a.m. Bible Study 1:00 p.m. Canasta 2:30 p.m. Walking Club 6:30 p.m. Social Bridge	8 8:15 a.m. Liquid Strength 9:30 a.m. Rummikub 9:30 a.m. Core Builders 10:00 a.m. Chair Yoga 10:00 a.m. Open Paint 2:00 p.m. <i>Current Events</i> with Gary Midkiff 2:00 p.m. Entertainment: <i>Pianist, Solomon Rodgers</i> 3:00 p.m. Residents Social 7:00 p.m. Pinochle	9 9:00 a.m. Meadowlark Golf 9:00 a.m. Alzheimer's Support Group 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Mahjong 9:30 a.m. Tai Chi Flow 10:00 a.m. Seated Tai Chi 2:00 p.m. Worship Service 6:30 p.m. Ping Pong 6:30 p.m. Rummikub 6:45 p.m. New Philharmonic at the MAC	10 9:15 a.m. Wave Warriors 10:00 a.m. Trip to The Shops at Oakbrook Place 11:00 a.m. Wii Games 1:00 p.m. Social Bridge 3:00 p.m. Welcome Reception 6:30 p.m. Billiards	11 9:15 a.m. Catholic Communion 9:30 a.m. Rummikub 1:00 p.m. Trivial Pursuit 2:00 p.m. Dominoes 3:00 p.m. Park Place Book Discussion: <i>The Berry Pickers</i> by Amanda Peters
12 8:30 a.m. Christ Church 9:10 a.m. Visitation Church 2:00 p.m. Social Bridge 6:00 p.m. Sunday Movie Night	13 8:15 a.m. Serene Springs 9:30 a.m. Rummikub 9:30 a.m. Advanced Balance 10:00 a.m. Balance Boosters 1:30 p.m. Mahjong 1:30 p.m. Off the Cuff 3:00 p.m. Together in Prayer 6:30 p.m. Ping Pong	14 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Forever Fit 10:00 a.m. Scrabble 10:00 a.m. Sit and Be Strong 10:45 a.m. Bible Study 1:00 p.m. Canasta 1:00 p.m. <i>Watercolors with Gail</i> 2:30 p.m. Walking Club 6:30 p.m. Social Bridge	15 8:15 a.m. Liquid Strength 9:30 a.m. Rummikub 9:30 a.m. Core Builders 10:00 a.m. Chair Yoga 10:00 a.m. Open Paint 3:00 p.m. Residents Social 7:00 p.m. Pinochle	16 9:00 a.m. Meadowlark Golf 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Mahjong 9:30 a.m. Lifestyle Fitness 10:00 a.m. Seated Mobility 12:00 p.m. Birthday Luncheon 2:00 p.m. Worship Service 6:30 p.m. Ping Pong 6:30 p.m. Rummikub	17 9:15 a.m. Wave Warriors 10:00 a.m. Trip to Jewel 11:00 a.m. Wii Games 1:00 p.m. Curiosity University: <i>The Bill of Rights</i> 1:00 p.m. Social Bridge 6:30 p.m. Billiards	18 9:15 a.m. Catholic Communion 9:30 a.m. Rummikub 12:30 p.m. Ice Cream Social sponsored by Judson Baptist Church 1:00 p.m. Trivial Pursuit 2:00 p.m. Dominoes
19 8:30 a.m. Christ Church 9:10 a.m. Visitation Church 2:00 p.m. Social Bridge 6:00 p.m. Sunday Movie Night	20 8:15 a.m. Serene Springs 9:30 a.m. Rummikub 9:30 a.m. Advanced Balance 10:00 a.m. Balance Boosters 11:00 a.m. Bingo 1:30 p.m. Mahjong 1:30 p.m. Off the Cuff 3:00 p.m. Together in Prayer 6:30 p.m. Ping Pong	21 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Forever Fit 10:00 a.m. Scrabble 10:00 a.m. Sit and Be Strong 10:45 a.m. Bible Study 1:00 p.m. Canasta 2:00 p.m. Crafternoon with Melissa: <i>Crafts for the Veterans</i> 2:30 p.m. Walking Club 6:30 p.m. Social Bridge	22 8:15 a.m. Liquid Strength 9:30 a.m. Rummikub 9:30 a.m. Core Builders 10:00 a.m. Chair Yoga 10:00 a.m. Open Paint 11:00 a.m. Sew n' Sews 3:00 p.m. Residents Social 7:00 p.m. Pinochle	23 9:00 a.m. Meadowlark Golf 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Mahjong 9:30 a.m. Tai Chi Flow 10:00 a.m. Seated Tai Chi 12:30 p.m. Drury Lane Presents: <i>Nunsense</i> 2:00 p.m. Worship Service 6:30 p.m. Ping Pong 6:30 p.m. Rummikub	24 9:15 a.m. Catholic Mass 9:15 a.m. Wave Warriors 10:00 a.m. Trip to Target 11:00 a.m. Wii Games 12:30 p.m. Lunch Bunch: <i>Kona Grill</i> 1:00 p.m. Social Bridge 6:30 p.m. Billiards	25 9:30 a.m. Rummikub 1:00 p.m. Trivial Pursuit 2:00 p.m. Dominoes
26 8:30 a.m. Christ Church 9:10 a.m. Visitation Church 2:00 p.m. Social Bridge 6:00 p.m. Sunday Movie Night	27 Korean War Armistice Day 8:15 a.m. Serene Springs 9:30 a.m. Rummikub 9:30 a.m. Advanced Balance 10:00 a.m. Balance Boosters 1:30 p.m. Mahjong 1:30 p.m. Off the Cuff 3:00 p.m. Together in Prayer 6:30 p.m. Ping Pong	28 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Forever Fit 10:00 a.m. Scrabble 10:00 a.m. Sit and Be Strong 10:45 a.m. Bible Study 1:00 p.m. Canasta 2:00 p.m. Crafternoon with Melissa: <i>Crafts for the Veterans</i> 2:30 p.m. Walking Club 6:30 p.m. Social Bridge	29 8:15 a.m. Liquid Strength 9:30 a.m. Rummikub 9:30 a.m. Core Builders 10:00 a.m. Chair Yoga 10:00 a.m. Open Paint 3:00 p.m. Residents Social 7:00 p.m. Pinochle	30 9:00 a.m. Meadowlark Golf 9:00 a.m. Blood Pressure Clinic 9:30 a.m. Mahjong 9:30 a.m. Lifestyle Fitness 10:00 a.m. Seated Mobility 2:00 p.m. Worship Service 6:30 p.m. Ping Pong 6:30 p.m. Rummikub	31 9:15 a.m. Wave Warriors 10:00 a.m. Trip to Hobby Lobby 11:00 a.m. Wii Games 12:45 p.m. Trip to Elmhurst Library 1:00 p.m. Social Bridge 6:30 p.m. Billiards	 PARK PLACE OF ELMHURST 1050 South Euclid Ave Elmhurst, IL (630) 333-4343