


## INDEPENDENT LIVING | JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MEETING PLACES</b>						
<b>BIS-</b> Bistro <b>CARD-</b> Card Room <b>CLUB-</b> Club Room <b>CR-</b> Community Room <b>CS-</b> Creation Studio <b>CY-</b> Courtyard <b>DR-</b> Dining Room <b>Cancelled Class in Red</b>	<b>LR-</b> Living Room <b>ME-</b> Main Entrance <b>ML-</b> Meadowlark Golf <b>PDR-</b> Providence Dining Room <b>ERM-</b> Elmhurst Room <b>PL-</b> Pool <b>WO-</b> Wellness Office					
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>9:00</b> Visitation Church Transportation, <b>ME</b> <b>2:00</b> Social Bridge, <b>CARD</b> <b>4:00</b> Prayer Circle, <b>CARD</b> <b>6:00</b> Sunday Movie Night, <b>CR</b>	<b>9:30</b> Adv. Balance, <b>CR</b> <b>10:00</b> Rummikub, <b>CARD</b> <b>10:00</b> Balance Boosters, <b>CR</b> <b>1:30</b> Off the Cuff, <b>PDR</b> <b>2:00</b> Mah-jongg, <b>CARD</b> <b>2:30</b> Aqua Fit, <b>PL</b> <b>6:30</b> Ping Pong, <b>CLUB</b>	<b>9:00</b> Blood Pressure Clinic, <b>WO</b> <b>9:30</b> Forever Fit, <b>CR</b> <b>10:00</b> Scrabble, <b>CARD</b> <b>10:00</b> Sit and Be Strong, <b>CR</b> <b>10:45</b> Bible Study, <b>CR</b> <b>1:30</b> Life Enrichment Discussion 2023 Outings and Education, <b>CR</b> <b>2:00</b> Needles for Good, <b>CARD</b> <b>7:00</b> Social Bridge, <b>CARD</b>	<b>9:30</b> Core Builders, <b>CR</b> <b>10:00</b> Rummikub, <b>CARD</b> <b>10:00</b> Mindful Movement, <b>CR</b> <b>11:00</b> Sew n' Sews, <b>CS</b> <b>1:00</b> Euchre, <b>CARD</b> <b>1:30</b> Learn & Live Well, <b>CR</b> <b>2:30</b> Adv. Water Aerobics, <b>PL</b> <b>7:00</b> Chess, <b>CARD</b> <b>7:00</b> Pinochle, <b>CARD</b> <b>7:30</b> BBC Planet Earth: Pole to Pole, Mountains, Fresh Water, <b>CR</b>	<b>9:00</b> Alzheimer's Support Group, <b>PDR</b> <b>9:00</b> Blood Pressure Clinic, <b>WO</b> <b>9:30</b> Advanced Balance, <b>CR</b> <b>10:00</b> Balance Boosters, <b>CR</b> <b>11:00</b> Health and Wellness Volunteer meeting, <b>CR</b> <b>11:00</b> Sew n' Sews, <b>CS</b> <b>2:00</b> Worship Service, <b>CR</b> <b>3:00</b> Scrabble, <b>CARD</b> <b>6:30</b> Ping Pong, <b>CLUB</b>	<b>9:00</b> Catholic Communion, <b>CR</b> <b>9:30</b> Target, <b>ME</b> <b>11:00</b> Wii Games, <b>CR</b> <b>1:00</b> One Day University: Winston Churchill, <b>CR</b> <b>1:00</b> Social Bridge, <b>CARD</b> <b>3:00</b> Life Enrichment Committee Meeting, <b>PDR</b> <b>6:30</b> Billiards, <b>CLUB</b>	<b>10:00</b> Rummikub, <b>CARD</b> <b>1:00</b> Trivial Pursuit, <b>CARD</b> <b>2:00</b> Dominoes, <b>CS</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>9:00</b> Visitation Church Transportation, <b>ME</b> <b>2:00</b> Social Bridge, <b>CARD</b> <b>4:00</b> Prayer Circle, <b>CARD</b> <b>6:00</b> Sunday Movie Night, <b>CR</b>	<b>9:30</b> Adv. Balance, <b>CR</b> <b>10:00</b> Rummikub, <b>CARD</b> <b>10:00</b> Balance Boosters, <b>CR</b> <b>11:00</b> Writing Family Stories Class, <b>PDR</b> <b>1:30</b> Off the Cuff, <b>PDR</b> <b>2:00</b> Mah-jongg, <b>CARD</b> <b>2:30</b> Aqua Fit, <b>POOL</b> <b>6:30</b> Ping Pong, <b>CLUB</b>	<b>9:00</b> Blood Pressure Clinic, <b>WO</b> <b>9:30</b> Forever Fit, <b>CR</b> <b>10:00</b> Scrabble, <b>CARD</b> <b>10:00</b> Sit and Be Strong, <b>CR</b> <b>10:45</b> Bible Study, <b>CR</b> <b>1:30</b> Comfort Dog, <b>LR</b> <b>2:00</b> Needles for Good, <b>CARD</b> <b>7:00</b> Social Bridge, <b>CARD</b>	<b>9:30</b> Core Builders, <b>CR</b> <b>10:00</b> Rummikub, <b>CARD</b> <b>10:00</b> Mindful Movement, <b>CR</b> <b>11:00</b> Sew n' Sews, <b>CS</b> <b>12:15</b> TC Book Discussion, <b>ERM</b> <b>1:00</b> Euchre, <b>CARD</b> <b>1:30</b> Folk Music Sing-along, <b>LR</b> <b>2:30</b> Adv. Water Aerobics, <b>PL</b> <b>7:00</b> Chess, <b>CARD</b> <b>7:00</b> Pinochle, <b>CARD</b> <b>7:30</b> Documentary: The Great Escape, <b>CR</b>	<b>9:00</b> Alzheimer's Support Group, <b>PDR</b> <b>9:00</b> Blood Pressure Clinic, <b>WO</b> <b>9:30</b> Advanced Balance, <b>CR</b> <b>10:00</b> Balance Boosters, <b>CR</b> <b>10:00</b> Library: Culture Club, <b>ME</b> <b>11:00</b> Sew n' Sews, <b>CS</b> <b>12:30</b> RENEW – "Let the Games Begin", <b>CLUB/CARD</b> <b>2:00</b> Worship Service, <b>CR</b> <b>3:00</b> Scrabble, <b>CARD</b> <b>3:15</b> TC Angels, <b>Resident</b> <b>Apt.</b> <b>6:30</b> Ping Pong, <b>CLUB</b>	<b>9:00</b> Catholic Communion, <b>CR</b> <b>9:30</b> Trip to Mariano's, <b>ME</b> <b>11:00</b> Wii Games, <b>CR</b> <b>12:30</b> RENEW – "WWII- Break Out to Victory", <b>DR</b> <b>1:00</b> Social Bridge, <b>CARD</b> <b>2:30</b> Hot Cocoa Social, <b>BIS</b> <b>6:30</b> Billiards, <b>CLUB</b> <b>7:30</b> Chick Flick Movie Night, <b>CR</b>	<b>10:00</b> Rummikub, <b>CARD</b> <b>11:00</b> Sew n' Sews, <b>CS</b> <b>1:00</b> Trivial Pursuit, <b>CARD</b> <b>2:00</b> Dominoes, <b>CS</b> <b>3:00</b> Park Place Book Discussion, <b>PDR</b>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> 9:00 Visitation Church Transportation, <b>ME</b> 2:00 Social Bridge, <b>CARD</b> 4:00 Prayer Circle, <b>CARD</b> 6:00 Sunday Movie Night, <b>CR</b>	<b>16</b> 9:30 Advanced Balance, <b>CR</b> 10:00 Rummikub, <b>CARD</b> 10:00 Balance Boosters, <b>CR</b> 11:00 Bingo, <b>CR</b> 1:30 Off the Cuff, <b>PDR</b> 2:00 Mah-jongg, <b>CARD</b> 2:30 Aqua Fit, <b>POOL</b> 6:30 Ping Pong, <b>CLUB</b>	<b>17</b> 9:00 Blood Pressure Clinic, <b>WO</b> 9:30 Advanced Fitness, <b>CR</b> 10:00 Scrabble, <b>CARD</b> 10:00 Sit and Be Strong, <b>CR</b> 10:45 Bible Study, <b>CR</b> 1:00 Jewelry Lady, <b>BIS</b> 2:00 Needles for Good, <b>CARD</b> 7:00 Social Bridge, <b>CARD</b>	<b>18</b> 9:30 Core Builders, <b>CR</b> 9:30 Virtual Golf Experience, <b>ME</b> 10:00 Rummikub, <b>CARD</b> 10:00 Mindful Movement, <b>CR</b> 11:00 Sew n' Sews, <b>CS</b> 1:00 Euchre, <b>CARD</b> 2:30 Adv. Water Aerobics, <b>PL</b> 3:00 Nature Photography by Dr. Jeff Nelson, <b>CR</b> 7:00 Chess, <b>CARD</b> 7:00 Pinochle, <b>CARD</b> 7:30 Documentary: Darwin's Voyage of the Beagle, <b>CR</b>	<b>19</b> 9:00 Blood Pressure Clinic, <b>WO</b> 9:30 Advanced Balance, <b>CR</b> 10:00 Balance Boosters, <b>CR</b> 12:00 Birthday Luncheon, <b>DR</b> 2:00 Worship Service, <b>CR</b> 3:00 Scrabble, <b>CARD</b> 6:30 Ping Pong, <b>CLUB</b>	<b>20</b> 9:00 Catholic Communion, <b>CR</b> 9:30 Trip to Jewel, <b>ME</b> 11:00 Wii Games, <b>CR</b> 1:00 Social Bridge, <b>CARD</b> 2:00 Welcome Reception, <b>BIS</b> 3:00 Jeffery Deutsch, <b>LR</b> 6:30 Billiards, <b>CLUB</b> 7:30 Chick Flick Movie Night, <b>CR</b>	<b>21</b> 10:00 Rummikub, <b>CARD</b> 1:00 Trivial Pursuit, <b>CARD</b> 2:00 Dominoes, <b>CS</b>
<b>22</b> 9:00 Visitation Church Transportation, <b>ME</b> 2:00 Social Bridge, <b>CARD</b> 4:00 Prayer Circle, <b>CARD</b> 6:00 Sunday Movie Night, <b>CR</b>	<b>23</b> 9:30 Advanced Balance, <b>CR</b> 10:00 Rummikub, <b>CARD</b> 10:00 Balance Boosters, <b>CR</b> 11:00 Writing Family Stories Class, <b>PDR</b> 1:30 Off the Cuff, <b>PDR</b> 2:00 Mah-jongg, <b>CARD</b> 2:30 Aqua Fit, <b>POOL</b> 6:30 Ping Pong, <b>CLUB</b>	<b>24</b> 9:00 Blood Pressure Clinic, <b>WO</b> 9:30 Advanced Fitness, <b>CR</b> 10:00 Scrabble, <b>CARD</b> 10:00 Sit and Be Strong, <b>CR</b> 10:45 Bible Study, <b>CR</b> 2:00 Needles for Good, <b>CARD</b> 7:00 Social Bridge, <b>CARD</b>	<b>25</b> 9:30 Core Builders, <b>CR</b> 10:00 Rummikub, <b>CARD</b> 10:00 Mindful Movement, <b>CR</b> 11:00 Sew n' Sews, <b>CS</b> 1:00 Euchre, <b>CARD</b> 2:30 Advanced Water Aerobics, <b>PL</b> 4:00 Robert Burns Night: Dining Shuffle, <b>DR</b> 7:00 Chess, <b>CARD</b> 7:00 Pinochle, <b>CARD</b> 7:30 PBS Documentary: Broadway Part 1, <b>CR</b>	<b>26</b> 9:00 Blood Pressure Clinic, <b>WO</b> 9:30 Advanced Balance, <b>CR</b> 10:00 Balance Boosters, <b>CR</b> 2:00 Worship Service, <b>CR</b> 3:00 Scrabble, <b>CARD</b> 6:30 Ping Pong, <b>CLUB</b>	<b>27</b> 9:00 Catholic Communion, <b>CR</b> 9:30 Trip to Dollar Store, <b>ME</b> 9:30 Aqua Agility, <b>POOL</b> 11:00 Wii Games, <b>CR</b> 11:30 Lunch Bunch-Portillos, <b>ME</b> 1:00 Social Bridge, <b>CARD</b> 2:30 Billiards, <b>CLUB</b>	<b>28</b> 10:00 Rummikub, <b>CARD</b> 1:00 Trivial Pursuit, <b>CARD</b> 2:00 Dominoes, <b>CS</b>
<b>29</b> 9:00 Visitation Church Transportation, <b>ME</b> 2:00 Social Bridge, <b>CARD</b> 2:30 Elmhurst Symphony-Concerto Fest, <b>ME</b> 4:00 Prayer Circle, <b>CARD</b> 6:00 Sunday Movie Night, <b>CR</b>	<b>30</b> 9:30 Advanced Balance, <b>CR</b> 10:00 Rummikub, <b>CARD</b> 10:00 Balance Boosters, <b>CR</b> 1:30 Off the Cuff, <b>PDR</b> 2:00 Mah-jongg, <b>CARD</b> 2:30 Aqua Fit, <b>POOL</b> 6:30 Ping Pong, <b>CLUB</b>	<b>31</b> 9:00 Blood Pressure Clinic, <b>WO</b> 9:30 Advanced Fitness, <b>CR</b> 10:00 Scrabble, <b>CARD</b> 10:00 Sit and Be Strong, <b>CR</b> 10:45 Bible Study, <b>CR</b> 2:00 Needles for Good, <b>CARD</b> 7:00 Social Bridge, <b>CARD</b>			<b>MEETING PLACES</b> <b>BIS-</b> Bistro <b>CARD-</b> Card Room <b>CLUB-</b> Club Room <b>CR-</b> Community Room <b>CS-</b> Creation Studio <b>CY-</b> Courtyard <b>DR-</b> Dining Room	<b>LR-</b> Living Room <b>ME-</b> Main Entrance <b>ML-</b> Meadowlark Golf Room <b>PDR-</b> Providence Dining Room <b>POOL-</b> Pool <b>WO-</b> Wellness Office

